



RECYCLING MATTERS

FOR A WASTE-FREE COLLAR CITY

WHAT'S INSIDE OUR NEWSLETTER:

THE 12 R'S OF 2022

RETHINK

COMMUNITY NEWS

UPCOMING EVENTS SCHEDULE



Pictured: A bicycle, a reusable travel mug, a book with magnifying glass, and a backyard composter.

12 R's of 2022

This year, we're exploring other Rs which can come before Recycle. So far, we've covered Reduce, Reuse, and Re-plant. While recycling prevents plastics, papers, metals, and other materials from reaching the landfill, it's also the last R in 'reduce, reuse, recycle' for a reason - there are steps we can take before we place items into our recycling bins! That's why this month we talked to Troy Bike Rescue to talk about this month's 'R,' Rethink ☺

Rethink

Curbside recycling became mainstream around the 1960s. That's pretty recent. It was during the 1970s that Reduce, Reuse, Recycle came to be, and there's been a ton of information about those Rs since then. Rethinking parts of your routine to make room for new practices like the Rs we're covering this year can be difficult! The best thing about rethinking, though, is you can decide what works best for you and your lifestyle. So ask yourself: do you have time to make a small change? Start with one, and see if you can add in another. Remember: it's the small things that add up to something big!

Small ways to change your routine:

- Carpool with friends, family, or loved ones
- Walking, biking, or taking other forms of transportation
- Leaving a set of reusable utensils and containers in your car (water bottle, hot/cold mug, Tupperware)
- Encourage people in your life to subscribe to an environmentally-friendly newsletter (hint hint: Recycling Matters)
- Checking if an item can be repaired, repurposed, or donated before recycling or throwing it away
- Start composting (register for our June workshop at <https://bit.ly/compost-workshop-registration>)
- Research environmental topics you're interested in
- Try a vegetarian or vegan night once a week, or once a month
- Make your own household cleaner with equal parts vinegar and water

Community News

Troy Bike Rescue

21 years ago, Troy Bike Rescue was founded to give people opportunities to buy and repair bicycles at affordable prices. Isaac Silberman-Gorn, a board member for the nonprofit organization, gave us the scoop on how they continue making becoming a bike owner accessible.

Troy Bike Rescue currently lives at 3280 6th Avenue after moving North from their Downtown location. The Downtown location will be reopening later this year, where more experienced cyclists can find higher quality bikes and accessories.

One of the nonprofit's main offerings is a bike "adoption" program, using the term adoption to emphasize taking care of it through regular maintenance. "It feels a little bit more meaningful." Silberman-Gorn said.



Pictured: a row of bicycles up for "adoption" by Troy Bike Rescue.

"The beautiful thing about the bicycle is how repairable it is," Silberman-Gorn said.

To make things easier for current, or aspiring bike owners, Troy Bike Rescue can teach how to keep your sweet ride looking good and working well. "Make an appointment and we'll guide you how to do the work. We do our best to make very affordable, or free parts, as well as access to tools and knowledge," Silberman-Gorn explained. You can currently schedule an appointment on

Wednesday from 3 to 7, but that day could be changing, so keep an eye out!

In addition to offering appointments to learn and make repairs, the nonprofit also holds special youth programming once a week for ages 8 - 18. All proceeds from bike adoptions and other services benefit TBR's programs.



Pictured: a light blue Lotus Pro series bicycle leaned against a dark gray wall.

Troy Bike Rescue wants to make sure everyone is confident. "Cycling is an amazing way to get around, and people can engage with bicycling in whatever way is most comfortable to them," Silberman-Gorn explained. "The questions I'll have are: what will make you most comfortable? What is something you'll want to ride? How can you ride it and enjoy the experience as much as possible?"

Each year, the nonprofit organization hosts Bike Fest, a fundraiser which celebrates their mission (there's also usually burritos and cake). Last year they were unable to host it, but this year they'll be back and better than ever.

To stay connected and get updates on the Downtown location, Bike Fest 2022, and more, subscribe to their newsletter at <https://troybikerescue.info>, or follow them on Facebook and Instagram - their handle is @troybikerescue.

Online Backyard Composter and Rain Barrel Sale

THE LAST DAY TO PLACE ORDERS IS **Wednesday, April 6, 2022**. Products can be viewed online at: www.troy.compostersale.com. Order pick-up will be Saturday, April 9, 2022. Pickup location to be announced. If you have any questions, call 1-800-842-0527.



Pictured: a black Earth Machine backyard composter and a tan rain barrel.



Did someone say reusable bags?

To all nonprofit or community/neighborhood organizations: we've got boxes of bags! If your organization is interested in receiving 1-100 reusable bags (in a variety of colors), please contact us at recycling@troyny.gov or call (518) 279-7171 to arrange a pick-up.

Upcoming Events

COMMUNITY-BASED SUSTAINABLE EVENTS

FOOD SCRAPS DROP-OFFS - TROY RESOURCE MANAGEMENT FACILITY

THURSDAYS, 9 TO 1

ONLINE COMPOSTER AND RAIN BARREL SALE - SALE ENDS APRIL 6

[WWW.TROY.COMPOSTERSALE.COM](http://www.troy.compostersale.com)

COMPOSTING WORKSHOP @ TROY PUBLIC LIBRARY - LANSINGBURGH

SATURDAY, JUNE 4

REGISTER AT [HTTPS://BIT.LY/COMPOST-WORKSHOP-REGISTRATION](https://bit.ly/compost-workshop-registration)

VISIT OUR WEBSITE OR FOLLOW US ON FACEBOOK